
Healing

How to Stand for What's Yours

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Healing

There are many reasons why health issues occur. The bottom line to any situation in our lives, no matter the situation - not just for healing - we have to keep our relationship right with the Lord. Spending time with Jesus in prayer and the Word are key; so is following the leading of the Holy Spirit; and keeping sin out of our lives. When we know there's a sin, ask for forgiveness and receive it to get back on track. But there are issues that can be the root of illness, whether it's chronic, life-threatening, minor like colds or flu, or headaches. Ask the Lord to find the root.

Word of caution: DO NOT simply stop taking medication for the issue UNLESS you are ABSOLUTELY led to by the Spirit of God. I say this because I have known of people who have had serious problems because they stopped because of their emotions and how they "thought" they needed to without unction from the Holy Spirit. If you have to take a med, pray over it! Pray over it before you take it. Take it in faith that the Lord is working through that medication for your benefit and cancel all adverse of effects of it in Jesus Name and plead the Blood of Jesus on it.

As always, don't do this because you read this article, instead ask the Lord how He wants you to go about it. There may be something in particular that's hooked up to your situation.

1. **Hereditary** - illness that strikes a family and repeats in family members like genetic diseases like heart attacks, strokes, migraines, cancer, blood disorders and so on are family curses. Sometimes called “ancestral curses.” -

❖ ***How to Break***  ***Ancestral Curses***

1. Recognize when something is repeating that doesn't line up with Scripture.
2. Repent for any way you or your ancestors may have contributed to set it in motion and cancel it out in the Name of Jesus.
3. Renounce any curse verbally that the Lord is highlighting to you in the Name of Jesus.
4. Release forgiveness to people who may have hurt you.
5. Replace thoughts, attitudes, and actions to align with God's Word.
6. Resist and stand against the patterns of ungodly behavior.
7. Cut all cords of sin and curses in Jesus Name. (**Proverbs 5:21-23**).
Ancestral curses are always attached with cords of the previous sins of our forefathers/mothers, whether they were things done purposefully or ignorantly. It's the cords to the sin that keep it attached. (**Ecclesiastes 12:6**.)

2. **Words that you speak** - Out of the abundance of the heart the mouth speaks - tree and fruit, **Matthew 12:34-37**. And it brings forth exactly what has been spoken. This goes with **James 1:6-8, 13-15** - “**6**But when you ask, you must **believe and not doubt**, because the one who doubts is like a wave of the sea, blown and tossed by the wind. **7****That person should not expect to receive anything from the Lord.** **8****Such a person is double-minded and unstable in all they do...****13**When

tempted, no one should say, “God is tempting me.” For God cannot be tempted by evil, nor does he tempt anyone; **14**but **each person is tempted when they are dragged away by their own evil desire and enticed.** **15**Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.”

You are the prophet of your own life. Whatever you continually speak, becomes a reality in your life.

So give heed to the things you say. If you speak words of illness and death you will have that in your life. Statements that seem insignificant like: “I’m sick and tired of” or “Just kill me now”, “I always get colds this time of year” etc. These continual phrases repeated when we speak them in our lives produce “that” harvest. If you realize this may be an issue, talk with the Lord about it first. Then as He leads you cancel out all negative words you have spoken in your life, in Jesus Name, and cut all cords to that sin. Then ask the Holy Spirit for help, to let you know if you’re about to repeat the behavior. If you do it again, repent, and receive your forgiveness. The Lord will help you.

When you repent of it, truly repent. Which means *change* the way you think. You change it by staying in the Word regarding healing - that it’s yours. You have life - God’s Life - within you, not death. Replace those previously toxic thoughts with the Word of God and when you catch yourself about to speak sickness and death, STOP yourself. And instead speak life to your body and your situation.

3. **Recurring Issues** - that aren't linked to ancestral curses - like sinus trouble, allergies, back problems, colds/flu etc. When these types of things occur it is typically a demon of illness. It's called: spirit of infirmity. These have their "claws" hooked into a person and a snare entangling that person. It gained entrance by an "open doorway" which sometimes occurs **with a thought** - which is why we need to control our thoughts in the Name of Jesus; or words spoken about "how I always have such-and such this time of year."

- Repent of opening the doorway and canceling those words out in the Name of Jesus.
- Loose the spirit of infirmity in the Name of Jesus and cast it into outer darkness to await its judgment. (**Matthew 18:18 & Jude 1:6.**)
- Keep watch over the words of your mouth and keep declaring God's healing scriptures over your body - there are over 100 scriptures!

4. **Curses - There are two kinds of curses:** Sometimes items purchased or gifted to you can have a curse on them in order to create some sort of illness. Just like ancestral curses, break it in the Name of Jesus and plead the Blood of Jesus on it to cancel out the curse. You may have to get rid of the item that had the curse. The Lord will lead you. The other is curses straight out of **Deuteronomy 28:14-61; chapter 30** - these curses come by things a person has done that is contrary to the will of God. Ask the Lord for wisdom about this. He will show you if repentance is needed - ask forgiveness and then change the way you think with the Word of God.

5. Praise and Action - James 2:12 “So speak and so act as people should who are to be judged under the law of liberty.” And **Philippians 4:4** “Rejoice in the Lord always. I will say it again: Rejoice!” We are to give praise to the Lord, it is in fact our strongest weapon as **Psalm 149:6-9** **TPT** states. Read **Psalm 147-150** as praises to God. Do this on purpose. No matter how bad you may be feeling. If your health has gotten to a severe state that you can't do this, then play worship music. It helps! Then when you have the strength praise Him from your mouth. It changes things when you worship the Lord with your mouth. God is in the presence of His peoples praises - **Psalm 22:3**. Then you can use further action to back up your praise, like pray for people that need healing. You can even do that from your own home without anyone knowing. However the Lord leads. Or you can help at a local site to give food to people. Or help at a local church. Whatever the Lord leads you to do. These are all actions that back your confession of the Word. Manifestation of healing always quickly shows up when you add praise and actions.

6. Hating God - Sometimes we pray for someone else for their healing. Sometimes even with fasting and praying in tongues, interceding, doing all we can on behalf of someone else. This may be done of our own volition because we care about the person we are praying for. Other times it may be that the Lord has led us to do this, to intercede for someone. But...the person dies. This is when so many questions come up

about “how” we may have missed it; or question that maybe we didn’t hear correctly from God; or we think that God doesn’t heal anymore - which is against the Word of God but we are trying to make an excuse because our heart has been deeply wounded. Resentment sets in against God because you think He didn’t answer your prayer on purpose. **BUT intercession for someone else has a limit. And that limit is based on the person you are praying for.** Their free-will - what it is *they* want. God will never go against someone’s free- will. Especially in illnesses like cancer or another long battle, people get tired. Tired of fighting. They don’t want to do it anymore. And God understands this even though He may have led you to pray and intercede for someone. It’s not your fault. You always have to consider that you don’t know what is in another person’s heart. That is between them and God. It’s not your call to make. Don’t let your heart get crushed. Especially if the person told you all the “right” things about getting better and believing they were healed. You don’t know what they said in their own heart to God. They may have been saying those things to you to make you feel better. They didn’t want to hurt you and they thought this would help. **Keep your heart from being hurt. Ask the Lord to help you understand, if that is needed; and release any resentment in Jesus Name.**

Conclusion

God is the God Who heals you! (**Exodus 15:26.**) He never gives sickness to teach someone. Sickness is not the teacher of the Church. The Holy Spirit is the Teacher - John 14:26 & 1 John 2:27.

The foundation for healing is to gather healing scriptures and write them down. There are over 100 of them. This is “who” you are. Do this when you are not fighting for your health. It’s easier. Then once you change your mindset to *“I live in divine health through the Blood of Jesus, and Christ - the Anointing and Anointed One Who removes burdens and destroys yokes of illness, LIVES in me, therefore every cell in my body is pristine and crystal clean,”* it will be less of a struggle when a battle with health comes your way.

Take as many scriptures, however many you are led to use, maybe 20 or so, write them down. Read them every day. Ponder them. Speak them out. Allow the Holy Spirit to give you insight into them and how they work in you. You’ll never be the same! I will restate: It’s best to do this when you are *NOT* fighting for your health. Then when the battle arises you’re ready! Start by praising Him for your healing when you *don’t* feel good. You already have healing anyway. Jesus did it 2,000 years ago and if it was done then, it’s done now. God is the same yesterday, today, and forever! **You and Jesus are the winning team!** He’s already won, now just praise Him for your divine health and manifestation will come.